



Ronald McDonald  
House Charities®  
Intermountain Area



## BECOME A HOUSE SUPPORTER

Ronald McDonald House Charities® offers lodging and resources to pediatric patient families at no cost. These services are made possible through generous donors and supporters like you, and there are many ways to get involved. Gifts directly impact our families who are experiencing some of life's most heart-wrenching moments. Your generosity provides resources, comfort and love when these families need it most. Thank you for your interest.

### FAMILY OPPORTUNITIES

#### **Adopt-A-Meal**

Provide a breakfast, lunch or dinner for families staying at the House.

#### **Stock Our Shelves**

Stock our Shelves sponsors help keep our kitchen filled with groceries, snacks and needed supplies.

#### **Craft/ Activity Kits**

Prepared kits are popular and appreciated - crafts and simple activities are perfect to help families relax or to have something to do while waiting for an appointment.

#### **Host A Fundraiser**

Organize a fundraiser (big or small) with neighbors, family, church, school, or company.

#### **Sign Up For Donations**

Amazon Smile and Smith's Rewards donate a small percentage of your purchases to the Charity when you sign up. Visit [smile.amazon.com](https://smile.amazon.com) and [SmithsCommunityRewards.com](https://SmithsCommunityRewards.com), select 'Ronald McDonald House Charities of the Intermountain Area' (Smith's Rewards RMHC account number is 'CR882'). Sign up at no cost to you – the companies make the donation!

### CORPORATE OPPORTUNITIES

#### **Adopt-A-Meal**

Provide a breakfast, lunch or dinner for families staying at the House.

#### **Sponsor A Room**

Sponsoring a room is one of the most fundamental ways to support families at the House. Your gift truly provides our families a home-away-from-home.

#### **Stock Our Shelves**

Stock our Shelves sponsors help keep our kitchen filled with groceries, snacks and needed supplies.

#### **Host A Fundraiser**

Organize a fundraiser (big or small) with neighbors, family, church, school, or company.

To learn more about getting your family, group, or business involved, please email Kacie at [kacie@rmhslc.org](mailto:kacie@rmhslc.org), or visit us online at [rmhslc.org](https://rmhslc.org).



## WISH LIST

The Wish List includes a variety of items used regularly by House guests – you are also welcome to contact us at 801-363-4663 to ask about current needs. Your donation makes a big impact on our families and is deeply appreciated.

### Groceries (non-expired)

- Individual Snack Size Items
- Yogurt
- Fresh Fruits & Vegetables
- Frozen Burritos
- Milk, Juice (Boxes or Full Size)
- Chips
- Apple Sauce
- Granola Bars & Cereal
- Microwavable Pasta
- Hot Chocolate Mix
- Frozen Dinner

### Cleaning Supplies

- Dryer Sheets
- Kitchen Counter Cleaner
- Liquid Dish Soap
- Paper Towels
- Sanitizing Wipes
- Finish Dishwasher Soap Pods
- Air Freshener Sprays
- Sponges
- Bleach
- Pinesol or Fabuloso
- Wood Polish
- High Efficiency Liquid Laundry Soap & Laundry Pods

### Home & Kitchen Supplies

- Food Preparation Gloves
- Napkins
- Paper Products, To-Go Cups
- Plastic Silverware
- Silverware, Serving Utensils
- Toothbrushes, Floss, Toothpaste
- Travel Size Toiletries/Full Size
- Hair Brushes & Hair Ties

### Office Supplies

- Copy Paper
- Post It Notes
- 9V & AA Batteries
- Notebooks/Journals
- Black Sharpie Markers

### Family Fun

- Markers
- Craft Paper
- Art Supplies
- Craft Kits
- Play Dough
- Small Plush Sized Toys

### Financial Donation

- \$20 (feeds family of 4)
- Gift cards (Costco, Smiths, Walmart, Amazon & other)

*“In our scary time, Ronald McDonald House was a shining light. We had no idea such a lovely place of compassion, kindness and refuge existed.”*  
-RMHC Guest-