

Current Adopt-a-Meal Program: Ronald McDonald House

The Adopt-a-Meal program provides a much-needed service to families who are supporting their sick or injured children. This program invites the community to cook and prepare meals for families staying at the Ronald McDonald House in Salt Lake City.

Volunteer Groups:

- Groups are limited to 7 individuals or less. Masks are required onsite at the Ronald McDonald House.
- Any volunteers under 18 must have ample adult supervision to ensure their safety, all food and safety guidelines are followed, and maintain the peaceful space we aim to provide for our guest families.

Volunteers are asked to:

- Provide food for 50-60 people and provide their own to go containers, plasticware and napkins.
- Prepare the meal at the Ronald McDonald House. For food safety, we are unable to serve any food that is prepared offsite unless it is store-bought or catered
- Dish up the meal into to-go containers for families to quickly access and take with them
- Clean up all pots, pans, dishes, and surfaces and take out the trash

Covid-19 Safety:

- To keep our programs as safe as possible for all guest families, staff and volunteers, masks are required onsite in our Ronald McDonald House.
- If any member of your group is feeling unwell or has any flu-like symptoms, we ask that they stay home for the health and safety to our guests and patients.

The Meal:

- One main dish (with a few vegetarian options), 1-2 sides and individual drinks. Dessert is optional.
- We ask that dinner served at 6:00pm. Please arrive with enough time to check-in with our visitor registration system with your ID, prepare your meal and divide them into to-go containers.

Serving & Clean Up:

- Groups will distribute the to-go meals to the families that come during mealtime and any extras will be used for families who are coming later in the evening.
- We ask that groups clean all the dishes, load and start the dishwashers, clean surfaces, and take out the trash.

Thank You So Much!



**Ronald McDonald
House Charities®**
Intermountain Area